

## **Dr. H (Carl Hammerschlag, M.D.)**

Dr. Carl Hammerschlag is a distinguished, Yale-trained psychiatrist, healer, best-selling author, columnist and faculty member at the University of Arizona Medical School. He is one of the early pioneer leaders in mind-body-spirit medicine (or psychoneuroimmunology) and an expert in integrating its practical applications.

He worked for over 20-years with Native American communities, most as Chief of Psychiatry at the Phoenix Indian Medical Center. He has authored three critically acclaimed books, in which he described his journey from doctor to healer. In 1998, the Caring Institute selected Dr. H, from more than a quarter million nominations, as “one of the 10 most caring adults in America.”



These are challenging times: access to healthcare; globalization and its impact on national economies; an ‘Age of Terror’ where no place on earth is immune from its violence. He is an expert on how people and organizations thrive in rapidly changing times who understands the importance of sustaining connections and building community.

Dr. H has been called “a voice in the darkness.” He is a spellbinding speaker, who combines the language of science, with the drama of a compelling storyteller. Along with Colin Powell, Ronald Reagan and Dr. Norman Vincent Peale, he was awarded the highest honor in professional speaking, the CPAE Speakers Hall Of Fame Award, given to less than 200 individuals since 1977.

A bridge builder, pathfinder and visionary, Dr. H guides audiences on a journey that allows them to see beyond their limitations to a place of hope and healing. Here is that extraordinary combination of doctor, healer and visionary, who inspires people to reawaken their spirit, and celebrate their choices, changes and connections.

TRAVELS FROM: Phoenix/Scottsdale, AZ

## Quick Facts

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- Topics:** Change, Leadership, Inspiration, Mind/Body/Spirit Medicine, Authenticity, Community, Sustaining Connections
- Target Audience:** Dr. Carl Hammerschlag is a sure-fit for healthcare and dental groups. As an expert on cultural change, his messages are also very appropriate for groups such as technology & business that commonly experience significant change.
- Background:** Dr. H is a master storyteller and internationally recognized author, physician, faculty member of the University of Arizona Medical School, speaker and healer. A Yale trained psychiatrist; he spent more than twenty years working with Native Americans and is an authority in the science of psychoneuroimmunology – mind, body, spirit medicine. This diverse background delivers unique insights integrating science, spirit & culture.
- Uniqueness:** Dr. H holds the highest honor given in the speaking profession, the CPAE Speakers Hall of Fame Award and is a recipient of the National Caring Award. Selected by the Caring Institute of Washington DC from more than a quarter million nominations, the award honors "the ten most caring adults in America."